

Cut up the promises below and roll them to put into your promise box. Enjoy pulling one out and reading it to give you hope and encouragement when you need it. Try sharing them with friends and family too.



Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you. I will hold you up with my victorious right hand. -Isaiah 41:10



For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline. -2 Timothy 1:7



He made heaven and earth, the sea, and everything in them. He keeps every promise forever. -Psalm 146:6



I can do all things through Christ, who gives me strength.



-Philippians 4:13



My help comes from the Lord, who made heaven and earth!



-Psalm 121:1



God blesses those who mourn, for they will be comforted.





Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take. -Proverbs 3:5-6



Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God's peace, which exceeds anything we can understand... -Philippians 4:6-7



O Lord, if you heal me, I will be truly healed; if you save me, I will be truly saved. My praises are for you alone! -Jeremiah 17:14



He was beaten so we could be whole. He was whipped so we could be healed. -Isaiah 53:5



He has removed our sins as far as the east is from the west.

- Psalm 103:12



But if we confess our sins to him he is faithful and just to forgive us our sins and to cleanse us from all wickedness. -1 John 1:9



And we know that God causes everything to work together for the good of those who love God and are called according to his purpose for them. -Romans 8:28



The Lord will work out his plans for my life – for your faithful love, O Lord, endures forever. -Psalm 138:8



And we are confident that he hears us whenever we ask for anything that pleases him. -1 John 5:14



The earnest prayer of a righteous person has great power and produces wonderful results -James 5:16



For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope. - Jeremiah 29:11



"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. - Matthew 29:11



And this same God who takes care of me will supply all your needs from his glorious riches, which have been given to us in Christ Jesus. - Philippians 4:19



"I am leaving you with a gift—peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid. - John 14:27



Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go. - Joshua 1:9



Though he may stumble, he will not fall, for the Lord upholds him with his hand. - Psalm 37:4



Your word is a lamp to guide my feet and a light for my path. - Psalm 119:105



The Lord says, "I will guide you along the best pathway for your life. I will advise you and watch over you." - Psalm 32:8



Whether you turn to the right or to the left, your ears will hear a voice behind you, saying, "This is the way; walk in it." - Isaiah 30:21



The Lord's loving kindnesses indeed never cease, For His compassions never fail. They are new every morning; Great is Your faithfulness. - Lamentations 3:22-23



But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness. - 1 John 1:9



For the Lord gives wisdom; from his mouth come knowledge and understanding. He holds success in store for the upright, he is a shield to those whose walk is blameless. - Proverbs 2:6-7



If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you. - James 1:5



Take delight in the LORD, and he will give you the desires of your heart. - Psalm 37:4



And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. - Philippians 4:7



I will not leave you as orphans; I will come to you. - John 14:8



He gives strength to the weary and increases the power of the weak. - Isaiah 40:29



But those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint. - Isaiah 40:31



He will take pity on the weak and the needy and save the needy from death. - Psalm 72:13



For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. - John 3:16



The name of the Lord is a fortified tower; the righteous run to it and are safe. - Proverbs 18:10



For the Lord your God is the one who goes with you to fight for you against your enemies to give you victory. - Deuteronomy 20:4



And my God will meet all your needs according to the riches of his glory in Christ Jesus. - Philippians 4:19



Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here! - 2 Corinthians 5:17